

# SUMMER MEALS ARE HERE!

## FREE SUMMER MEAL KITS FOR KIDS



### School is Out. Summer Meals are In!

The Fredericksburg Regional Food Bank is providing FREE weekly meal kits for children ages 18 and younger through the Summer Food Service Program.



7

BREAKFASTS



7

LUNCHES



NO COST



OPEN TO ALL  
CHILDREN  
18 & UNDER

**REGISTRATION IS REQUIRED.**

### PICK UP MEAL KITS

Pick-Up your child's weekly meals at various locations throughout Caroline, King George, Locust Grove, Spotsylvania and Stafford.



### SHIP TO HOME

Caroline & King George parents/guardians can register for Ship-To-Home meals! Scan the QR code for more information



**REGISTER FOR PICKUP OR SHIP-TO-HOME, NOT BOTH**

**JUNE 1 – AUGUST 7, 2026**



**Contact:** (540) 371-7666

**Email:** [gethelp@fredfood.org](mailto:gethelp@fredfood.org)

**Website:** [fredfood.org](http://fredfood.org)

**Facebook & Instagram:** @fredfoodva

# PICK-UP LOCATIONS

Weekly Meal Kit Pick-Up Sites | June - August 2026 | Pre-Registration Required

## MONDAY

### Zion Hill Baptist Church

10411 Cooktown Rd, Spotsylvania, VA 22553  
Mondays, June 1 - Aug 3, 2026 | 10:00 AM - 11:00 AM

### Travelers Rest Baptist Church

6823 Partlow Rd Spotsylvania, VA 22551  
Mondays, June 1 - Aug 3, 2026 | 12:00 PM - 1:00 PM

### Stafford High School

63 Stafford Indians Ln, Fredericksburg, VA 22405  
Mondays, June 1 - Aug 3, 2026 | 5:45 PM - 7:00 PM

## TUESDAY

### Patriot Park

5710 Smith Station Rd, Fredericksburg, VA 22407  
Tuesdays, June 2 - Aug 4, 2026 | 8:15 AM - 9:45 AM

### Walmart Supercenter

2533 Germanna Hwy, Locust Grove, VA 22508  
Tuesdays, June 2 - Aug 4, 2026 | 12:00 PM - 1:30 PM

## WEDNESDAY - NO PICK UP ON JULY 29, 2026

### Caroline Middle School

13325 Devils Three Jump Rd, Milford, VA, 22514  
Wednesdays, June 3 - Aug 5, 2026 | 10:00 AM - 12:00 PM

### New Liberty Baptist Church

33030 Sparta Rd, Milford, VA, 22514  
Wednesdays, June 3 - Aug 5, 2026 | 11:00 AM - 12:30 PM

### Mt Tabor Baptist Church

21795 Mattaponi Trail, Milford, VA, 22514  
Wednesdays, June 3 - Aug 5, 2026 | 12:00 PM - 1:00 PM

## THURSDAY

### Brooke Point High School

1700 Courthouse Rd, Stafford, VA  
Thursdays, June 4 - Aug 6, 2026 | 9:30 AM - 10:45 AM

### L.E. Smoot Memorial Library

9533 Kings Hwy, King George, VA  
Thursdays, June 4 - Aug 6, 2026 | 5:15 PM - 6:45 PM

## FRIDAY - NO PICK UP ON JUNE 19 OR JULY 3, 2026

### Good Hope Baptist Church

17223 Good Hope Rd, King George, VA, 22485  
Fridays, June 5 - Aug 7, 2026 | 10:00 AM - 11:30 AM

### Fredericksburg Field House

3411 Shannon Park Dr, Fredericksburg, VA, 22408  
Fridays, June 5 - Aug 7, 2026 | 4:30 PM - 6:00 PM

This institution is an equal opportunity provider.