

* Spice of Life * Spice Drive

September 1st - September 30th

September is Hunger Action Month and in honor of our loving teammate, Stephanie Sherrill, we are hosting a Spice Drive. She was a true advocate for the fight against hunger, and believed spices were an important component in health and nutrition.

Show your support by DONATING spices and herbs in the month of September to Fredericksburg Regional Food Bank or any local food pantry.

Here are some examples:

- Sea Salt
- Salt-free seasonings
- Pepper
- Curry
- Garlic Powder
- Parsley
- Oregano
- Basil
- Paprika
- Cumin
- Cinnamon
- Sage
- Turmeric
- Nutmeg
- Sazon
- Red pepper flakes
- Coriander
- Onion Powder
- Thyme
- Rosemary



*In loving memory of Stephanie Sherrill
Community Engagement Coordinator
Fredericksburg Regional Food Bank*

**All spices and food donations are welcomed.*

3631 Lee Hill Dr
Fredericksburg, VA 22408

**FREDERICKSBURG
REGIONAL FOOD BANK**

Locust Grove • Stafford • Caroline
Spotsylvania • King George • the
City of Fredericksburg

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