Fredericksburg Regional Food Bank

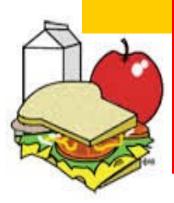
Our children need nutritious meals to learn, grow and thrive during the summer. With the Summer Food Service Program (SFSP), children and teens ages 18 and younger, can continue to eat healthy, while school is out, at no cost. Participating sites will be serving meals for the children to consume on site or grab & go to enjoy. Just show up, receive a meal and enjoy it on site or on the go depending on the locations you are at. Parents and guardians are allowed to pick up meals even when their children can't be present.

STARTING JUNE 3rd, FIND A NEARBY MEAL SITE AND HOURS OF OPERATION BY:

- I.Text "FOOD" or "COMIDA" to 304-304
- 2.Visit Fredfood.org or
- 3. Download our Pantry Locator App FREDFOODVA

No form of identification or registration is required, simply show up, receive a meal. And enjoy on the go.

This institution is an equal opportunity provider



Fredericksburg Regional Food Bank

Walmart Supercenter 2533 Germanna Hwy Locust Grove, VA 22508

Third Mt. Zion Baptist Church 9132 Fredericksburg Turnpike Woodford, VA 22580

New Liberty Baptist Church 33030 Sparta Rd. Milford, VA 22514

Lotus Academy 7278 Ladysmith Rd. Ruther Glen, VA 22546

Oxford Mt. Zion Baptist Church 25215 Zion Rd. Ruther Glen, VA 22546

Second Mt. Zion Baptist Church 31220 Old Dawn Rd. Hanover, VA 23069 June 6-Aug 8 (no meals July 4, meals delivered July 3) Tuesday 1:00pm-3:00pm

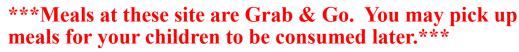
June 7-Aug 9 Wednesday 10:00am-12:00pm

June 7-Aug 9 Wednesday 11:30am-1:30pm

June 8-Aug 10 Thursday 10:00am-12:00pm

June 8-Aug 10 Thursday 10:45am-12:45pm

June 8-Aug 10 Thursday 11:30am-1:30pm



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North Stafford High School 839 Garrisonville Rd. Stafford, VA 22554

Howell Library 806 Lyons Blvd. Fredericksburg, VA 22406

Salem Church Library 2607 Salem Church Rd. Fredericksburg, VA 22407

Snow Library 8740 Courthouse Rd. Spotsylvania, VA 22553

Sylvania Heights Baptist Church 150 Church St. Fredericksburg, VA 22408

Spotsylvania Farmers Market 12150 Gordon Rd. Fredericksburg, VA 22407

Stafford Junction 791 Truslow Rd. Fredericksburg, VA 22406 June 6-Aug 4 (closed July 4) Tuesday-Friday 11:00am-12:30pm

June 6-Aug 4 (closed 6/20 & 7/4) Tuesday-Friday 11:45am-1:15pm

June 6-Aug 3 (closed 6/20 & 7/4) Tuesday-Thursday 12:00am-1:30pm

June 5-Aug 3 (closed 6/19 & 7/4) Monday, Tuesday and Thursday 12:30am-2:00pm

June 6-Aug 4 (closed 7/4) Tuesday-Friday 11:00am-12:30pm

June 3-Sept 30 Saturdays 10:00am-12:00pm

June 20-July20 (**limited to enrolled children, closed 7/4**) Monday-Thursday 1:00pm-1:45pm

Meals need to be consumed on site at these locations, they cannot be taken off site for consumption.

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